

APRIL 2025



REMINDER

EVENTS CALENDAR

MONDAY

WEDNESDAY

THURSDAY

From 10.30am Computer & Phone Help every Monday, Wednesday & Thursday

| | | |
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| | 02 10.30am - 12.00pm Support Group with Mary-Ann Topic - <i>Living My Best Life: Gratitude</i> 12:00pm Light Lunch | 03 10:30 Art & Craft Get creative with the Krafties |
| 07 10.30am - 12.00pm Singing Group 12:00pm Monday Lunch 1:00pm Board Meeting | 09 10:30 Meet at Tuart Place and walk to Grill'd for a burger & a chance to vote in the Local Matters Competition with the Support Group 12:00pm Light Lunch 12.30pm Haircuts with Jacqi | 10 11.30am Movie Afternoon Watch a movie in the lounge |
| 14 10.30am - 12.00pm Singing Group 12:00pm Monday Lunch 10.00am - 2.00pm Pop-up Flu & Covid Vaccination Clinic 1:00pm Bingo Game Day | 16 10.30am - 12.00pm Support Group with Mary-Ann Topic - <i>Living My Best Life: What is Happiness?</i> 12.00pm Light Lunch 12:30pm Financial counselling with Karen | 17 10:30 Art & Craft Get creative with the Krafties 10.30am - 1.30pm Podiatry Clinic |
| 21 PUBLIC HOLIDAY Tuart Place is closed | 23 10.30am - 12.00pm Support Group with Mary-Ann 12.00pm Light Lunch 12.00pm Facials with Ella | 24 11.30am Movie Afternoon Watch a movie in the lounge |
| 28 10.30am - 12.00pm Singing Group 12:00pm Monday Lunch | 30 10.30am - 12.00pm Support Group with Mary-Ann Topic - <i>Living my Best Life: Dreams and Goals</i> 12.00pm Light Lunch | |

Turn over for May



MAY 2025 EVENTS CALENDAR



MONDAY

WEDNESDAY

THURSDAY

From 10.30am Computer & Phone Help every Monday, Wednesday & Thursday

05

10.30am - 12.00pm **Singing Group**

12:00pm Monday Lunch

1:00pm **Bingo** Game Day

07

10.45am **Walk to Bathers Beach boardwalk** with the Support Group, Nature appreciation walk

12:00pm Light Lunch

01

10:30 **Art & Craft**

Get creative with the Krafties

08

11.30am **Movie Afternoon**

Watch a movie in the lounge

12

10.30am - 12.00pm **Singing Group**

10.30am - 1.30pm **Podiatry** Clinic

12:00pm Monday Lunch

1:00pm Leah from Uniting WA presentation on **Staying Financially Vigilant**

14

10.30am - 12.00pm **Support Group** with Mary-Ann *Topic - Living My Best Life: Relationships*

12:00pm Light Lunch

12.00pm **Haircuts** with Jacqi

12:30pm **Financial counselling** with Karen

15

10:30 **Art & Craft**

Get creative with the Krafties

11:00am **Basket Weaving Workshop** with Sandra Egan

19

10.30am - 12.00pm **Singing Group**

12:00pm **Volunteer Lunch** at Tuart Place followed by some fun team games and stories

21

10.30am - 12.00pm **Support Group** with Mary-Ann

12:00pm Light Lunch

12.00pm **Facials** with Ella

22

12:00 Social Activities Group Event **High Tea at the Esplanade hotel**
Bookings essential

26

10.30am - 12.00pm **Singing Group**

12:00pm Monday Lunch

1:00pm **Haircuts** with Cinzia

28

10.30am - 12.00pm **Support Group** with Mary-Ann *Topic - Living My Best Life: My Legacy*

12:00pm Light Lunch

29

10:30 **Art & Craft**

Get creative with the Krafties

Turn over for April