



MONDAY

WEDNESDAY

03

PUBLIC HOLIDAY Tuart Place is closed 05

From IO.30am Computer & Phone Help 10.30am - 12.00pm **Support Group** with Mary-Ann

12:00pm Light Lunch

06

From IO.30am Computer & Phone Help

11.30am Movie Afternoon Watch a movie in the lounge

10

From IO.30am Computer & Phone Help 10.30am - 12.00pm Singing Group

12:00pm - 1.00pm Monday Lunch

12

From IO.30am Computer & Phone Help 10.30am - 12.00pm **Support Group** with Mary-Ann TOPIC: Offering and receiving compliments

12:00pm Light Lunch 12:30pm Financial counselling with Karen

13

From IO.30am Computer & Phone Help

II.00am Art & Craft

Get creative with the Krafties!

17

From IO.30am Computer & Phone Help

10.30am - 12.00pm Singing Group

10.30am - 1.30pm Podiatry Clinic

12:00pm - 1.00pm Monday Lunch

1.00pm Bingo Game Day

19

From IO.30am Computer & Phone Help

10.30am - 12.00pm Support Group with Mary-Ann

12:00pm Light Lunch

20

From IO.30am Computer & Phone Help

11.30am Movie Afternoon Watch a movie in the lounge

24

From IO.30am Computer & Phone Help

10.30am - 12.00pm Singing Group

12:00pm - 1.00pm Monday Lunch

12.45pm Armchair travel with **Per** to the Northern Territory

1.00pm Haircuts with Cinzia

26

From IO.30am Computer & Phone Help 10.30am - 12.00pm **Support Group**

with Mary-Ann TOPIC: Thinking

Positively

12:00pm Light Lunch

12.30pm Beauty Treatments with

Ella

27

From IO.30am Computer & Phone Help

II.00am Art & Craft

Get creative with the Krafties!

Turn over for July



EVENTS CALENDAR

JULY 2024 Handy reminders for your fridge

For bookings please call us on 6140 2380 or Freecall number 1800 619 795

THURSDAY

MONDAY

WEDNESDAY

01

From IO.30am Computer & Phone Help

10.30am - 12.00pm Singing Group

12.00noon Tuart Place's WINTER WARMER Old Fremantle Hotel.

corner Cliff & High Street.

Please RSVP by I3th June

08

From IO.30am Computer & Phone Help

10.30am - 12.00pm Singing Group

12:00pm - 1.00pm Monday Lunch

12.45pm **How to Declutter** with Jill

15

From IO.30am Computer & Phone Help

10.30am - 12.00pm Singing Group

12:00pm - 1.00pm Monday Lunch

1.00pm Bingo Game Day

22

From IO.30am Computer & Phone Help

10.30am - 12.00pm Singing Group

12:00pm - 1.00pm Monday Lunch

1.00pm Hanging Plant Workshop

with Anna

29

From IO.30am Computer & Phone Help

10.30am - 1.30pm Podiatry Clinic

10.30am - 12.00pm Singing Group

12:00pm - 1.00pm Monday Lunch

1.00pm Haircuts with Cinzia

03

From IO.30am Computer & Phone Help

IO.30am - I2.00pm **Support Group** with Mary-Ann

12:00pm Light Lunch

04

From IO.30am Computer & Phone Help

II.30am Movie Afternoon

Watch a movie in the lounge

From IO.30am Computer & Phone Help

10.30am - 12.00pm **Support Group** with Mary-Ann **TOPIC**: **Strengths**

12:00pm Light Lunch

I2.30pm Beauty Treatments with

Ella

10

17

From IO.30am Computer & Phone Help

10.30am - 12.00pm Support Group with Mary-Ann

12:30pm Financial counselling with Karen

24

From IO.30am Computer & Phone Help

10.30am - 12.00pm Support Group

with Mary-Ann TOPIC: Managing

Strong Emotions

12:00pm Light Lunch

31

From IO.30am Computer & Phone Help

10.30am - 12.00pm Support Group

with Mary-Ann

11

From IO.30am Computer & Phone Help

II.00am Art & Craft

Get creative with the Krafties!

18

From IO.30am Computer & Phone Help

11.30am Movie Afternoon

Watch a movie in the lounge

25

From IO.30am Computer & Phone Help

II.00am Art & Craft

Get creative with the Krafties!

Turn over for June